



All,

With the evolving news on COVID-19, We want to take the time to update our patients on Movement Physical Therapy's operating status.

As everyone is aware, Illinois implemented "shelter in place" for all non-essential businesses, effective 3/21/2020. According to the State of Illinois and the CDC guidelines, outpatient physical therapy has been deemed an essential healthcare service and is being permitted to remain open.

Movement Physical Therapy will comply and remain open, continuing our normal 1-on-1 sessions, while staying within the social distancing guidelines (with the exception of being in close proximity with your physical therapist).

We are taking the necessary precautions, including:

- Cleaning all surface areas and patient treatment areas with medical grade sanitizer
- Wearing protective masks when working with you as a patient
- Making gloves available for patients if they request to wear them during exercise
- Maintaining social distancing between other patients and providers within the clinic
- Practicing proper hand hygiene and keeping clinic fully stocked with supplies to meet this expectation
- Offering **Telehealth** appointments to accommodate individuals who would prefer to utilize or treatment and services virtually.

Given this information, if you have experienced symptoms of COVID-19, have felt ill or sick, we ask that you respectfully notify your therapist to cancel your appointments until cleared by appropriate medical personnel. Cancellation charges will not be enforced at this time, the health & safety of everyone is our top priority.

We look forward to continuing to help you as we are able. We are happy to field any questions, and look forward to getting through this together.

Warm regards,

Sam, Cori, Jeremy, Lindsay, Patrick, and Staff

Movement Physical Therapy and Wellness